

# GAGGING OR CHOKING

Normal part of developing

Usually starts to decrease  
around 6-12 months

A natural reflex

Noisy

Red face

Cough is effective

You can still hear air  
movement

Not normal

Can occur with food or  
objects

Can be silent

Child is scared, anxious,  
panicked

Cough is ineffective

Air is not moving in or out.



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