

# Choking

*Effective cough*

Some noise  
Can hear coughing  
Can hear air

*Reassure*  
*Encourage coughing*  
*Stay with them*

*Ineffective cough*

No noise  
Cant hear coughing  
Cant hear air

*Call 000*  
*5 Back blows*  
*5 Chest thrusts*  
*Repeat*

*Conscious*



*5 Back blows*

*5 Chest thrusts*



*Repeat*

*Unconscious*



*Perform CPR*  
*wait for ambulance*